

## Delusions

### Delusions of control

- Do you feel in control of your actions or do you feel that someone or something is controlling them?
- What about your emotions and feelings, is someone controlling them?
- Is someone speaking with your voice? Do they make you say things you don't want to say?
- Are you influenced by rays, electricity or computers?
- Can you resist them?

### Delusional mood

- Have you recently had the feeling that some thing odd was going to happen?

### Delusion of persecution

- Have you been the subject of unusual attention? Do people talk about you?
- Do they spy on you?
- Has any one tried to harm you? Why?

### General questions to establish if the beliefs are delusional

- How convinced are you of this?
- Is it possible that your mind might be playing tricks on you?
- Have you talked to other people about this? What was their reaction?
- What do you think of their reaction?

### Delusions of reference

- Do you ever get the feeling that T.V or radio talks about you or do the newspapers mention you?

### Delusions of misinterpretation

- Are people around you who they say they are? Do you think that they are pretending to be some one else?

### Delusional perception

- Have you ever had the experience that you suddenly understood that what you were seeing or hearing had a very special meaning? Give an example (traffic light turning green from red meant that person belonged to the royal family or was on a special mission)

### Delusions of grandiosity

- Do you believe that you have any special powers?
- Are you a famous person?
- Are you especially interested in religion? Do you feel more close to God than the average person? Are you divine?
- Do you have a special mission?

### Delusions of infidelity

- Are you suspicious about the fidelity of your partner? Why?
- Do you have any proof of his/her betrayal?

### Nihilistic delusions

- Do you feel that your body is not working properly or a part is rotting away?
- Do you feel that you suffer from an incurable illness?

### Delusions of guilt

- Do you feel you have sinned or committed a crime and deserve punishment?

### **Thoughts**

- Can you think clearly? Are your thoughts jumbled up/slow?
- Is there any interference with your thoughts?
- Can you keep your thoughts private? Are people able to access your thoughts?
- Are there thoughts in your mind which are not your own? Are people able to put their thoughts in your mind?
- Can they take out/take away your thoughts?
- Do you ever feel that your thoughts have been suddenly taken away leaving your mind blank?
- Are your thoughts transmitted to other by waves or in any other way?
- How do you explain this?