

Mania

1. How do you feel in your mood?
2. Do you feel overly happy/cheerful for no apparent reason?
3. Do you get impatient with people?
4. How long have you felt this way?
5. Are there periods when you feel low in yourself?
6. Do you feel overly witty or unusually entertaining?
7. Do you feel more creative these days? Have you taken on any new projects or developed new interests?
8. Have you become more socially active?
9. Are you spending as much as before/Have you been on any spending sprees?
10. Can you afford to spend this much?
11. Any reckless or dangerous behaviour? Did it lead to problems with police?
12. Are you able to think clearly? Do you have any racing thoughts?
13. Do you get distracted easily?
14. How is your sleep?
15. Any change in your appetite? What about your weight?
16. Has your sexual desire or activity changed in any way?
17. Ask about grandiose or paranoid delusional beliefs
18. Perceptual abnormalities?
19. Enquire about past psychiatric history and medications
20. Check compliance
21. Substance abuse?
22. Impact of behaviour on work and relationship