

Mini Mental State Examination

Explain to the patient that you would like to ask them some questions about their memory. Some of the question will be quite easy but they might struggle with others.

Orientation to time

- What day of the week is it?
- What is the date today?
- Month of the year?
- What is the season?
- Year?

Orientation to place

- Can you tell me the name of the country?
- What is the name of the city/town?
- What is the name of the county/What shire is this?
- What is the name of this building?
- What floor are we on?

Memory (registration)

I am going to name three things. Once I have finished saying them I would like you to repeat them. Also try to remember them, as I will ask you to repeat them in a little while.

Table, Penny and Ball

Attention and concentration

Can you spell the word WORLD for me? Please spell it backwards now. Alternatively ask the patient to name the months of the year backwards starting with December. Serial sevens is another option

Memory (recall)

What were the three things I asked you to keep in mind?

Expressive language (naming)

- Show pen and ask what is this called?
- Show wristwatch and ask what is this?

Expressive language (repetition)

Can you to repeat the phrase “no ifs, ands or buts”

Language (reading)

Can you do what this says?

CLOSE YOUR EYES

Praxis (ideational)

Please take this paper in your right hand, fold it with both of your hands and put it down on the floor. (Don't hold the paper close to patient's right hand. It should be in the middle.)

Praxis (copying)

Could you copy this design for me?

Praxis (writing)

Write a complete sentence-any thing that comes to your mind. (It should have a verb and a subject)

MMSE scores

Normal range: 30-24

Mild impairment: 23-20

Moderate: 19-20

Severe: 9-0