

## Psychosexual history

Offer a chaperone.

1. Ask about
  - Age at puberty/menarche
  - Age at first ejaculation/masturbation
  - What was your parents' attitude towards sexual matters?
  - How did you attain sexual information?
  - What is your sexual orientation?
2. At what age did you have your first sexual relationship
3. Relationships and marital history. Longest relationship? Reasons for break ups? Any extramarital affairs?
4. Do you practice safe sex? Has that always been the case? Enquire about sexually transmitted diseases
5. Are you currently in a relationship? Any problems? Is there any inconsistency between your partner's and your sexual desire? How does that affect you? Are you and your partner committed to each other? How would you describe the communication in your relationship?
6. Do you have children? Have you had any abortions? Are you in contact with your children?
7. Do you have any sexual difficulties? Have you noticed a change in desire? Premature or delayed ejaculation/problems with erection? Does it occur in all situations (while masturbating)? What makes it better/worse? Have you received any treatment?
8. In females enquire about problems with penetration (vaginismus) and pain during intercourse.
9. Do you use any street drugs?
10. Are you on any regular medication?
11. Do you have any unusual sexual interests? Do you get excited by inanimate objects like shoes etc? Any homosexual fantasies? Wish to be a member of the opposite sex (gender dysphoria). Any cross-dressing?
12. Have you ever been hurt in any way? Any violence in any of your relationships?